

**Home visitors can help  
you find services such as:**

- Testing your child's growth and development
- Immunizations
- Health care options
- Child care
- Parenting classes
- Mental health services



- WIC
- Rte Care
- Early Intervention
- Food Stamps

**Call the Family Outreach Program  
agency that serves your community.**

**VNA Care of New England  
1-800-348-6417**

Burrillville	North Providence
Central Falls	North Smithfield
Coventry	Pawtucket
Cranston	Providence
Cumberland	Scituate
East Greenwich	Smithfield
East Providence	Warwick
Foster	West Greenwich
Glocester	West Warwick
Johnston	Woonsocket
Lincoln	

**VNS of Newport and Bristol Counties  
682-2100**

Barrington  
Bristol  
Jamestown  
Little Compton  
Middletown  
Newport  
Portsmouth  
Tiverton  
Warren

**VNS Home Health Services  
782-0500**

Charlestown	North Kingstown
Exeter	Richmond
Hopkinton	South Kingstown
Narragansett	Westerly
New Shoreham	



**Family Outreach Program**



**Rhode Island's  
Home Visiting Program**



This program is funded in part  
by the Department of Human Services

MAKE HEALTH PART OF YOUR FAMILY  
RHODE ISLAND DEPARTMENT OF HEALTH

There's so much to think about when it comes to having a baby and raising a child. You may have questions about how you are feeling or how your child is developing.



The Family Outreach Program helps families with young children. Our home visitors are caring professionals who are available to visit with you and your family during the day, in the evening, and on the weekend—whenever it's best for you. We come to your home because we know how busy family life can be.



### **Home visitors can answer question that parents often have:**

- I should be happy as a new mom, so why am I crying so much?
- What tips can you give me to make my baby's first bath easier?
- My baby cries a lot. What should I do?
- How will I know when my baby is hungry?
- How do I care for my baby's umbilical cord?
- How should I dress my newborn?
- What is normal newborn weight gain?
- When should I take my child to the doctor?
- My child is a picky eater. How can I make sure he eats healthy foods?
- How do I know if my child is growing and learning as expected?
- How can I make my home safe for my child?

### **Home visitors can also answer questions about community resources:**

- Are there parenting programs?
- I will be going back to work—where can I find childcare for my baby?
- I have no insurance—how can I get healthcare for my child?
- Should I be worried about child lead poisoning?

Family Outreach Program  
Call the Family Health  
Information Line to ask for a visit.  
1-800-9427434

Many of our home visitors speak more than one language so we are able to help all families get the information and services they need to be as healthy as possible. And best of all, there is no cost to you.



Infancy and early childhood are important times in life. We're here to help you and your family during these times. The Family Outreach Program agency serving your community is listed on the back of this brochure.

For more information about the Family Outreach Program, call the Family Health Information Line at 1-800-942-7434. We speak English and Spanish.